**UPPER GI BLEED**

**Admission Criteria**
- Abnormal Hct/Hg Values
- Previous GI history
- History of dark stool (not bright red) in last 24-48 hours
- No more than 2 episodes of bright red blood
- Guaiac positive NG drainage
- Transfusion
- Scheduled Endoscopy procedure within 24 hours
- GI consulted

**Exclusion Criteria**
- Unstable VS
- More than 2 episodes of bright red bleeding
- Active bleeding
- EKG Changes
- Temperature > 102.5
- Drop of Hct>10 in 4 hours
- Orthostatic changes (SBP≥20; standing pulse >110)
- History of coagatopathy or esophageal bleeding

**CDU Interventions**
- Serial Hct/Hgb Q12 hours
- Guaiac stools/emesis prn.
- IV Hydration and medication (H2 blockers)
- Frequent VS Q 2
- I & O
- Possible preps for Endoscopy Procedures
- NPO
- Lab - T&S, PT, PTT
- GI consult

**Disposition**
- Home - Normal or stabilized serial exams
  - Stable VS
  - No deterioration in clinical condition
  - If endoscopy - no active bleeding site.
- Hospital - Continual decrease in Hct/Hg valves
  - Increase in bright red bleeding
  - Deterioration in clinical condition
  - Active bleeding by endoscopy

**Time frame** - 18 hour observation