SYNCOPE

TRANSFER CRITERIA
Minimal EC interventions - Completed H&P (including stool guiac), orthostatics, complete vitals, EKG/monitor, IV, initial labs (include CBC & CK-MB) drawn
Loss of consciousness less than 10 minutes (If known)
No EKG changes, bifascicular block (new or old), or significant diagnostic arrhythmia (including EMS rhythm strips)
If done - acceptable CBC, lytes, dextrostick
Stable vital signs except mild to moderate postural changes
No acute neurologic deficits
Stable respiratory status

EXCLUSION CRITERIA
Unstable vital signs
Loss of consciousness greater than 10 minutes, apnea, cyanosis
Significant injury (i.e. fracture, SDH). Lacerations acceptable.
Significant known cause - MI, PE, GI Bleed, sepsis, AAA, etc.
Significant history of heart disease. Any prior MI by history or EKG
Abnormal cardiac enzymes (if done in EC)
Abnormal EKG - New changes, bifascicular block, significant arrhythmia (2nd or 3rd degree block, brady or tachy arrhythmia) in EC or on EMS rhythm strip.
Acutely abnormal neurological exam or abnormal CT of brain (if done)
Significantly abnormal labs
Unsafe home environment if discharged

OBSERVATION UNIT INTERVENTIONS
Serial vital signs, cardiac and ST segment monitoring
CK-MB and Troponin i at 0, 4, & 8 hours from arrival in EC.
Hgb (not CBC) Q6 x2 hours in Obs
If available, 2D echocardiogram. Repeat EKG at the end of course in Obs.
Appropriate IV hydration
ONLY if indicated by history or exam (not routinely):
PE work up - ABG, V/Q scan (Doppler if indicated)
GI work up - GI or surg consult for scope after MI ruleout
Cardiovascular work up - consult for tilt testing. Arrange for home holter or king of hearts monitor for additional 24 hours.
Psychiatric - psych consult

DISPOSITION PARAMETERS
Home - Benign observation course
Negative testing results
Stable vital sign
Acceptable home environment
IF indicated and follow up available, home with King of hearts or DCG monitor for additional 24 hours

Hospital - Deterioration of clinical course
Unstable vital signs
Significant testing abnormalities
Unsafe home environment