CONGESTIVE HEART FAILURE

TRANSFER CRITERIA
Previous history of CHF
Acceptable VS – BP > 100/60, R < 32, P < 130
Pulse-ox 85% on room air, correctable to > 90 on Oxygen
High likelihood of correction to baseline status within 24 hours – consider discussion with PMD

EXCLUSION CRITERIA
Unstable VS
New onset CHF
Associated unstable angina, COPD, MI sepsis, pneumonia, new murmur, confusion
EKG changes
Severe anemia (Hb<8)
New arrhythmia
Respiratory failure, intubation

POTENTIAL INTERVENTION
TMS monitoring
Oxygen per respiratory guidelines
Serial exams, vital signs, EKG’s, cardiac enzymes, and pulse-ox checks
Medication – diuretics, vasodilators, ACE Inhibitors, Inotropic
Consider stopping medications with negative inotropic effects

DISPOSITION
Home - Acceptable VS
   Return to baseline status
   Pulse-ox > 90 on room air unless previously on home oxygen
   EKG unchanged from baseline
   No chest pain or dyspnea at rest

Hospital - Worsening respiratory status
   New EKG changes, arrhythmia, or ischemia
   Persistent hypoxia, rales, dyspnea
   Failure to return to baseline status within 18 hour time frame

*The above criteria are guidelines only and are subject to physician discretion