

Diagnostician

Diagnostic Dilemma: Gray Issues in Older Adults

9/30/2024 | 9:00:00 AM - 9:25:00 AM Faculty: Nida F. Degesys, MD, FACEP

Geriatric patients can present with common illnesses in uncommon ways. Nausea can represent an acute myocardial infarction and confusion can be the result of a multitude of issues. In this case-based session, learn how to diagnose causes of confusion, fatigue, and more!

- Learn the best diagnostic approaches to confusion.
- Recognize the signs and symptoms of elder abuse.
- Examine how implicit bias may affect the care of geriatric patients.

Resuscitation

How to Start, When to Stop: Resuscitation Considerations in the Older Adult

10/1/2024 | 9:00:00 AM - 9:25:00 AM Faculty: Katren R. Tyler, MD, FACEP

Caring for critically ill patients is difficult at baseline. When you add the complex physiology and potential complications that can come with advanced age, your job becomes even harder. This lecture will focus on the challenges we can expect when caring for the critically ill, geriatric patient. Additionally, it will address the difficult question of how to know when enough is enough using shared decision making.

- Discuss the anticipated anatomic and physiologic changes of older patients and how to best prepare for these
- Review the evidence-based pharmacologic decisions we can make to help prevent delirium
- Describe our role as ED providers in clarifying goals of care early on and helping our patients avoid uncomfortable, futile care



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The Most Difficilut Disposition

10/2/2024 | 12:30:00 PM - 12:55:00 PM

Faculty: Lauren Southerland, MD

How many times a shift are you faced with the problem of admitting an older adult just for placement in a higher level of care? Or boarding them in your ED for days? What about the older patient who you think is medically safe to go home, but it is 3 AM and you are unsure whether they can get home or be at home safely? What about when the nursing facility sends someone to the ED and refuses to take them back? We will discuss these common difficult disposition scenarios and possible solutions, including ED-community health partnerships, self-neglect evaluations by Adult Protective Services, and county services like guardianship boards which can expedite services for your difficult disposition patients.

- Navigate community living situations, such as assisted living, senior housing, and subacute rehabilitation.
- Apply new geriatric models of care and ED-community partnerships to avoid hospital admissions for skilled nursing facility placement.
- Relieve caregiver burden and improve patient health by knowing what your community can provide.



Resuscitation

Discussing ED Goals of Care: Palliative Care Workshop

10/1/2024 | 3:30:00 PM - 4:20:00 PM

Faculty: Tammie E. Quest, MD; Cynthia Price, MD

Trying to have a goals of care in a busy emergency department can be daunting task, but asking a patient or family "Do you want everything done?" is often not in the patient's best interest. This workshop will begin with a didactic session and then small group discussions

- Examine the key steps for time effective goals of care conversations during time of acute patient clinical decompensation
- Identify a framework to prioritize communication with patients and families in the emergency setting that might benefit from goals of care conversation
- Practice specific and culturally sensitive language to discuss patient family concerns at end of life to requests for non-beneficial life sustaining therapies and spiritual concerns (e.g hoping for a miracle)
- Identity pearls to enhance the clinical and time effectiveness of goals of care conversations in the emergency department
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Dealing with Dementia: What Cards Do You Have in Your Deck?

9/30/2024 | 4:15:00 PM - 4:40:00 PM

Faculty: Christina L. Shenvi, MD, MBA, PhD, FACEP

Your patient with dementia is agitated but needs an evaluation. Can you simply give Ativan? This course will discuss the best strategies for taking care of agitated patients with dementia.

- Review non-medication options for managing agitated patients with dementia.
- Discuss medications for agitation when non-medication options aren't enough.
- Engage with family and ED personnel in assisting with agitated patients with dementia.



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Literature Review: Geriatric Medicine

10/1/2024 | 9:00:00 AM - 9:50:00 AM

Faculty: Danya Khoujah, MBBS, MEHP, FACEP

The rapid increase in the number of older adults seen in the emergency department combined with complex medical and social needs has prompted research ranging from screening at triage to how we can safely disposition patients and everything in between. This short lecture reviews 3-5 recently published articles in a case-based manner (Specific objectives will depend on articles chosen closer to the time of the presentation, likely covering the following topics: delirium, hospital-at-home & other initiatives to decrease admissions, falls, polypharmacy)

- Describe the patient suitable for hospital-at-home and the essential elements for its success (Specific objectives will depend on articles chosen closer to the time of the presentation)
- List three modifiable risk factors for developing delirium in the ED(Specific objectives will depend on articles chosen closer to the time of the presentation)

Compare the pros and cons of self-administration of functional screening in geriatric ED patients (Specific objectives will depend on articles chosen closer to the time of the presentation)

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Practical Tips in Geriatric Pharmacology

10/2/2024 | 8:00:00 AM - 8:25:00 AM Faculty: Jennifer Koehl, PharmD, BCPS

Can you medicate your geriatric patient the same way you would other adult patients? This course discusses medication principles for geriatric patients.

- Analyze which medications you should consider giving reduced dosages for geriatric patients.
- Identify dangerous medication interactions for geriatric patients.